Games for Swifts, Vancouver Island Ladies Field Hockey Association Last Updated on May 17, 2024

| Date | Time | Away Team | Away Scor e | Home Team | Hom e Scor e | Result |
|--------------|-----------------|-----------|-------------------|-----------|-----------------------|----------|
| 10/02/ 10 | 2:00 PM PDT | Swifts | 4 | Demons | 1 | Win |
| 10/07/ 10 | 6:00 PM PDT | Cardinals | 5 | Swifts | 5 | Tie |
| 10/16/ 10 | 12:30 PM PDT | Rogues | 4 | Swifts | 2 | Loss |
| 10/23/ 10 | 1:00 PM PDT | Mariners | | Swifts | | Unscored |
| 10/30/ 10 | 12:30 PM PDT | Demons | 0 | Swifts | 3 | Win |
| 11/06/ 10 | 11:00 AM PDT | Swifts | 4 | Lynx 2 | 1 | Win |
| 11/13/ 10 | 12:30 PM PST | Cardinals | 3 | Swifts | 2 | Loss |
| 11/27/ 10 | 11:00 AM PST | Swifts | 4 | Lynx 2 | 5 | Loss |
| 12/04/ 10 | 3:00 PM PST | Lynx 3 | 3 | Swifts | 0 | Loss |
| 12/11/ 10 | 12:30 PM PST | Swifts | 0 | Sailors | 9 | Loss |
| 01/08/ 11 | 12:30 PM PST | Cardinals | 9 | Swifts | 1 | Loss |
| 01/22/ 11 | 12:30 PM PST | Swifts | 2 | Demons | 0 | Win |
| 01/29/ 11 | 11:00 AM PST | Lynx 3 | 3 | Swifts | 0 | Loss |
| 02/05/ 11 | 12:30 PM PST | Swifts | 0 | Sailors | 3 | Loss |
| 02/12/ 11 | 10:00 AM PST | Lynx 2 | 0 | Swifts | 3 | Win |
| 02/19/ 11 | 3:30 PM PST | Lynx 3 | 3 | Swifts | 0 | Loss |
| 03/05/ 11 | 10:00 AM PST | Swifts | 3 | Lynx 3 | 0 | Win |
| 03/12/ 11 | 12:30 PM PST | Swifts | | Rogues | | Unscored |
| 03/19/ 11 | 11:00 AM PDT | Swifts | 0 | Sailors | 5 | Loss |
| 03/26/ 11 | 2:00 PM PDT | Rogues | 4 | Swifts | 0 | Loss |